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# A Culinary Journey To Iceland



## Synopsis

A culinary journey to Iceland- Nordic country cooking and moreThis is a journey to the land of fire and ice.Yet not a geographic, but a culinary and cultural journey which brings the nature, the myth and the story of the people into your home, as well as the best of Nordic country cooking.All the photographs and recipes make this rough and barren land come to life, and the plenitude of links will lead you to new places and many more things to discover and explore. This is a cookbook, unlike any other, since it doesn't only provide recipes, but tells you a little bit about the country as well.

## Book Information

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Food & Wine > Regional & International

## Customer Reviews

This book had some interesting stories and recipes, but not quite factual. My husband is Icelandic and we have been to Iceland many times to visit relatives. Native Icelanders do not eat reindeer. Skyr is thick yogurt, not sour cream. They definitely do not eat puffin. Now a days, some restaurants in Iceland serve reindeer, puffin, and horse to the tourists; no native Icelander I know would eat this.

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